

2017 - 2018

# Irvington Community Schools

## Parent/Student Athlete Handbook



Tim Mulherin, Chief Executive Officer  
Shann Hart, Director of Athletics

Boys Basketball  
Girls Basketball  
Soccer  
Volleyball  
Cross Country  
Baseball  
Softball  
Athletic Trainer

*Updated August 2016*

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### Section 1: Philosophy

ICS expects its student-athletes to have such attributes as dedication, self-sacrifice, and the sincere desire to be the best athletes possible, 365 days of the year. Student athletes should have pride, show character, and build tradition. All of those involved with any part of the athletic program should conduct themselves in a manner which sets an example for the younger people in our community. They should have a thorough understanding of the rules, regulations, requirements, and standards which make up our athletic program. ***Participation in athletics is a privilege.*** The responsibilities of the student-athletes are greater than those of other students.

Information regarding the NCAA college athlete eligibility guidelines can be found at: [https://web3.ncaa.org/ECWR2/NCAA\\_EMS/NCAA.jsp](https://web3.ncaa.org/ECWR2/NCAA_EMS/NCAA.jsp);

### Section 2: General Policies

#### Absence from School

Any athlete must attend the last four full periods of the regular school day to participate in practice, athletic contests, or attend an awards program scheduled for that day. If extenuating school or family circumstance result in a student's failure to be present the required four complete periods, an exception can be made. Reasons that would be considered would include: ICS approved college visitations, ICS field trips, medical emergencies, and funerals. If an athlete is suspended from school for any reason including full days of in school suspension, he/she is not eligible to participate during that suspension. Additionally, upon return to school, an athletic suspension may be imposed.

#### Age

A student cannot be 20 years of age prior or on the scheduled date of the IHSAA State Finals in their particular sport.

#### Amateurism

The athlete cannot have: participated under an assumed name; accepted money or merchandise directly, or indirectly for athletic participation; accepted awards gifts, or honors from colleges or their alumni; or fraternal organizations or have signed a professional contract.



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### Parent Pre-Season Meeting

**All ICS student athletes and their parents/guardian are required to attend a pre-season meeting** with the coaching staff of that sport. The meeting shall be held before the first contest. Parents will be informed of all rules for their sport as well as the rules of Irvington Community School and the IHSAA. Coaches will explain expectations for the student athletes and parents.

### Athlete Defined

A student is considered an athlete for one year (365 days) from the time he/she submits a completed IHSAA Physical Form to the Athletic Office. When a student submits an IHSAA Physical, he/she is declaring his/her intentions of being an athlete for another full year. When a student is considered to be an athlete, he/she will be held accountable for the rules, guidelines, and policies of this handbook. Consequences for violating club/ academic team rules do not take the place of athletic consequences for teams sanctioned by the IHSAA.

### Attendance at Awards Programs

The awards program is an extension of the athletic season and all athletes are expected to attend. The Head Coach is the only person who may excuse an athlete from the program. Failure to attend without an excused absence may result in forfeiture of the athlete's award(s).

### Awards and Gifts

The athlete must not accept commercial awards which advertise any business firm or individuals, or awards designating "All-State" or "All American."

### Change of Schools

An athletic transfer from his/her prior school must be completed through the Athletic Director's office of the previous school before participating in athletic contests.

### Conduct and Character

The athlete must not bring discredit upon the school, or a disruptive influence on the discipline, good order, morale or educational environment of the school. A more detailed listing of rules established by will be found in the athletic section.

### Enrollment

The athlete must be fully enrolled as defined in the Curricula section, no later than the 15th day of the current semester, and carry at least five subjects.

### Grades

The athletes must meet IHSAA academic standards and be passing at least **70 percent of subjects** for the preceding grading period. Semester grades take precedence over those from a nine-week grading period.

### Game Entry Fees

Admission for elementary and middle school are students \$1, adults \$3, seniors \$2 and family (2) \$5. High school students \$3, adults \$5, seniors \$3



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### **IHSAA Eligibility Rules**

IPA is a member of the Indiana High School Athletic Association (IHSAA). We are required to abide by the rules it has set to govern high school athletics. This is a general summary of some of the rules which most often affect high school athletes. A more detailed account of IHSAA rules is attached at the bottom of the athlete's physical form.

### **Illness and Injury**

The athlete must present written verification from a physician stating that he/she is physically fit to participate after being absent five or more consecutive days.

### **One Sport per Season**

In general, an athlete is allowed to participate in ONLY ONE sport during a season. Exceptions require approval of both coaches involved and the Athletic Director.

### **Participation, Practice & Games**

The athlete must not participate as a member of any similar team, during the same season; or in an IHSAA sponsored sport not under the direct supervision of their school. The class day is from 8:30am-3:45pm, tutoring is from 3:45pm-4:30pm. Athletic practices may begin at 4pm daily. In cases of inclement weather that result in school being dismissed early, all practices for that day will be cancelled. Exceptions to this rule will require the approval of the athletic director. There shall be no practices, games, scrimmages, film sessions, or meetings held on Sundays.

### **Physicals**

All completed IHSAA physical forms: ("Release and Consent Form"), emergency medical, and concussion form must be on file at the high school before the athlete begins conditioning for his/her intended sport. Physicals exams are valid from April 1 of each year and will be in effect for all athletic activities.

### **Quitting a Team**

Once an athlete begins practice in a sport and his/her team membership is terminated by either the athlete, or the coach, for a reason other than being "cut" due to lack of ability - he/she is ineligible to practice or participate in another sport during that season. This may be appealed to the Athletic Director. An exception will require mutual consent of both coaches involved and the Athletic Director. Any athlete who quits a team may not try out for a sport of the next season until the team he/she quits finishes their respective season. This restriction includes pre-season conditioning as well.

### **Insurance**

Irvington Community Schools has great concerns for medical care and insurance protection for all those participating in interscholastic competition. As a result, students participating in athletics at ICS are required to carry insurance coverage. ICS also carries a supplemental insurance policy on all students. This policy will cover medical expenses after the student's personal insurance policy has reached its limit. Information about this coverage is available at [www.ics-charter.org/ipa.downloads](http://www.ics-charter.org/ipa.downloads) at the QBE Injury Claim Form link.



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### **Travel**

ICS athletes are required to travel to and from athletic events in school approved vehicles and under adult supervision when provided by ICS. Students may be released to their parents after an away contest provided the head coach is in agreement and written permission from the parent is received at least 24 hours in advance of the contest. Early release time from class for athletic activities is not part of the structure of the Athletics Department. Special exceptions will only be granted with the prior approval of the Athletic Director.

### **Unsportsmanlike Conduct**

If an athlete is ejected or disqualified from a contest for any unsportsmanlike conduct there will be a conference with the Athletic Director, head coach, and athlete involved on the next school day. Each case will be handled on its own merits with no precedent for discipline being set by any case.

### **Undue Influence**

The athlete must not have transferred from one school to another for athletic purposes as a result of undue influence, or persuasion by any person or group.

## **Section 3: Types of Athletic Awards**

### **Varsity Letters**

A chenille varsity letter will be awarded to any athlete fulfilling a varsity letter requirement. Only one letter will be given during the four years. Any replacements must be purchased through the Athletic Department at the athlete's expense.

### **Numerals**

Chenille numerals indicating the year the athlete will graduate will be given to all freshmen athletes who satisfactorily complete a sport. This award will only be given during the student's freshman year. Only freshmen are eligible for this award.

### **Sport Emblem**

An emblem symbolizing the sport for which the athlete fulfilled a varsity letter requirement will be given once in each varsity sport. Any replacements must be purchased through the Athletic Department at the athlete's expense.

### **Service Bars**

A bar emblem will be given each time an athlete fulfills a varsity letter requirement.

### **Captain Emblem**

An emblem indicating that an athlete has served as team captain will be given the first time he/she is team captain.

### **Letter Jackets**

Jackets are not given as awards. IPA High School-style jackets will be available through an IPA-certified and approved vendor. You must earn a varsity letter before one can be purchased.



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### Award Series for a Single Sport

1. 1st Varsity Letter:  
Letter, Sport Emblem, & Bar  
Certificate - recognizing a first varsity letter
2. 2nd Varsity Letter:  
Bar  
Certificate - recognizing a second varsity letter
3. 3rd Varsity Letter:  
Bar  
Plaque - recognizing third varsity letter
4. 4th Varsity Letter:  
Bar  
Plaque - recognizing fourth varsity letter

### Award Series for Combined Total Letters

- 6 Total Varsity Letters:  
An award recognizing this accomplishment
- 8 Total Varsity Letters  
An award recognizing this accomplishment

To be eligible for this award, students must earn eight varsity letters and defend each of those letters. Defense of a letter means after earning his/her initial letter, the athlete must acquire letters by participating in that sport for consecutive years. Athletes not participating in a sport in consecutive years will lose credit for ALL letters previously earned in that sport.

An exception will be made if an athlete chooses to participate in another sport during a season. As long as he/she is involved in a sport the student-athlete will be considered to be defending his/her letters.





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### Special Awards

#### Conference Champions

Team members for conference champions may purchase chenille patches for their particular sport. The Athletic Department will not fund these awards.

#### IHSAA Sectional Champions

Each team member, or individual winner, will receive a 4" - 6" chenille patch in the shape of the State of Indiana. Inscribed will be "IHSAA SECTIONAL CHAMPION."

#### IHSAA Regional Champions

Each team member, or individual winner, will receive a 4" - 6" chenille patch in the shape of the State of Indiana. Inscribed will be "IHSAA SECTIONAL & REGIONAL CHAMPION."

#### IHSAA Semi-State

Each team member, or individual winner/qualifier, will receive a 6" chenille patch in the shape of the State of Indiana. Inscribed will be "IHSAA State Champions," "IHSAA State Finalist," or "IHSAA State Qualifier."

Each team member, or individual winner, will receive a 6" chenille patch in the shape of the State of Indiana. Inscribed will be "IHSAA Sectional, Regional, & Semi-State Champions."

#### IHSAA State Finalists & Champions

#### Rings

Any team that is an IHSAA "State Champion," "Runner-up," or "Finalist" will have the opportunity to purchase the ring that IHSAA offers to those groups. The same holds true for individual "Champions," "Runners-Ups," and "Finalists." State "Qualifiers" do not qualify for rings. Individually, an athlete must be in the top two places in the "State Meet." These rings will not be purchased by the Athletic Department. They must be funded by another means.

#### IHSAA & Conference Champion Patches

IHSAA patches will be purchased by the Athletic Department. Conference patches will be purchased by the individual teams or by the individual athletes.

#### Hall of Fame

IPA High School recognizes student athletes who have received state recognition by being an Indiana All-Star, All-State Player, and/or IHSAA State Finalist. Student athletes receiving this honor will be given a plaque recognizing their accomplishment and an 11" x 14" photo will be put on the Hall of Fame at ICS. Hall of Fame inductees will be recognized at the most opportune time following the date they qualify for this award.





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### Removal from the Hall of Fame

Irvington Preparatory Academy reserves the right to not recognize or remove a person from the "Hall of Fame" if the qualifying member has committed an act to reflect discredit upon ICS.

In the event an underclassman qualifies for the "Hall of Fame, he/she must remain a member of that team through the entire senior season. If the athlete do not participate in that sport through their senior season, they may be removed from the "Hall of Fame."

### Varsity Letter Requirements

#### Athletes

Individual letter requirements will be determined by the sport's head coach and communicated to the student at the beginning of the sport season. An athlete must complete the season in good standing.

#### Student Managers

If a student is a manager for a varsity athletic team, the varsity coach will determine the requirement for earning a varsity letter.

#### Auxiliary Personnel

Auxiliary personnel include people who work with the team primarily at games only. These participants will not qualify for awards through the Athletic Department. They will be recognized by their respective team and its coaching staff.

## Section 4: Training Rules & Conduct

### Definitions, Explanations, & Penalties

The following descriptions of terms, definitions, and explanations of the rules and penalties are established for the athletes of ICS:

#### Probation

This is a period of time when the athlete's conduct is carefully supervised. It is the result of a violation of one of's athletic rules. If an athlete is found to be in violation of an athletic rule while on probation, he/she will suffer the greater of the two penalties.

#### Number of Athletic Probations

An athlete cannot be placed on probation more than two times during his/her high school career. If he/she is found in violation of an offense resulting in a third probation, he/she will not be allowed to participate in any type of athletics for the remainder of the high school career. When an ICS student is considered to be an athlete, he/she will be held accountable for the rules and guidelines of this handbook.



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### Individual Team Rules

**Each head coach will furnish his/her athletes with specific rules and/regulations which apply to that sport.** These rules may go beyond those listed in this handbook, but cannot be of a lesser standard. The Athletic Director must approve these individual rules, and with approval, those penalties will be supported.

### Satisfactorily Completing a Season

Those athletes assessed a penalty which would carry over to another season must "SATISFACTORILY COMPLETE" the season they are in. To fulfill this requirement, the athlete must satisfy all of the coach's requirements which are expected of the other team members.

### Suspension for a Percent of a Season

#### 1. Suspension for One Season (100%)

If an athlete is excluded from 10 scheduled games and the season consists of 20 games, then 50% of the penalty has been satisfied. The remaining 50% must come from the next season he/she satisfactorily completes.

#### 2. Suspension for Less than One Season (example: 50%)

If an athlete is excluded for one scheduled game and the season consists of 10 games, then 10% of the penalty has been satisfied. The remaining 40% must come from the next season he/she satisfactorily completes.

### Nutritional Supplements

ICS Community Schools does not encourage or endorse the use of any type of nutritional supplement. The use of products such as protein supplements, amino acid supplements, creative, weight gain/or loss products, etc. is a decision to be made by the student/athlete and their parents. Due to the potential health risks associated with the usage of nutritional supplements, this decision should be made in consultation with a physician.



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### ICS ATHLETIC RULES & PENALTIES

Types of Violation	Occurrence	Penalty
Felonies, Thefts, Misdemeanors	All	All determined by the principal, athletic director(s), and/or athletic council.
Possessing, using or being under the influence of alcohol, a controlled substance or possession of paraphernalia, or admission of use	1 <sup>st</sup>	1. Suspension from team(s) for the equivalent of 50 percent of the contests for one athletic season, or for the first season they satisfactorily complete; 2. Completion of drug/alcohol abuse program (A service provider must be agreed upon by both parent and school, provided at parents' expense, and must be successfully completed before returning from suspension) 3. Subject to increased random drug testing, 4. Athletic probation for two semesters.
	2 <sup>nd</sup>	1. Suspension from team(s) for one calendar year (365 days), 2. Completion of drug/alcohol abuse program (A service provider must be agreed upon by both parent and school, provided at parents' expense, and must be successfully completed before returning from suspension) 3. Subject to increased random drug testing, 4. Athletic probation for two semesters.
	3 <sup>rd</sup>	Expulsion from athletics the remainder of their high school career.
Possession and/or use of tobacco and/or of tobacco products, or admission of use	1 <sup>st</sup>	Suspension from team(s) for the equivalent of 25 percent of the contests for that season they are in, or for the first season they satisfactorily complete, athletic probation for 1 semester.
	2 <sup>nd</sup>	1. Suspension from team(s) for the equivalent of 365 days, 2. tobacco education (A service provider must be agreed upon by both parent and school, provided at parents' expense and must be successfully completed before returning from suspension), or for the season they normally participate in; 3. athletic probation for two semesters.
	3 <sup>rd</sup>	Expulsion from athletics for the remainder of their high school career.
Unauthorized possession of High School athletic property	1 <sup>st</sup>	Suspension from team(s) until property is returned.
	2 <sup>nd</sup>	Suspension from athletics until property is returned; may also face school disciplinary action
Out of School Suspension	All	Suspension from the team a minimum of 10 percent to a maximum of 100 percent of the season - to be determined by principal, athletic director(s) and/or athletic council. Athletic probation for 1 semester.



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### Section 5: ICS High School Driving Directions for Away Athletic Contests

(\*\*Indiana Charter School Conference Schools in addition to ICS)

(Outdoor Facilities May Not Be At the Listed Address)

**Anderson....4610 S. Madison Ave., Anderson (765) 641-2043**

**Avon....7575 E. Co. Rd., 150 S., Avon (317) 544-5045**

**Ben Davis....1200 N. Girls School Rd., Indianapolis (317) 988-7182**

**Bishop Chatard...5885 Crittenden Ave., Indianapolis (317) 251-3648**

**Bloomington South...1965 S. Walnut St., Bloomington (812-330-7808)**

**Brebeuf....2801 W. 86<sup>th</sup> St., Indianapolis (317) 524-7175**

**Brownsburg....1000 Odell Street, Brownsburg (317) 852-2258**

**Cathedral...5225 E. 56<sup>th</sup> Street, Indianapolis (317) 968-7314**

**Franklin Central...6215 S. Franklin Rd., Indianapolis (317) 862-6646**

**Greenfield Central....810 N. Broadway, Greenfield (317) 462-9195**

**Greenwood....615 W. Smith Valley Rd., Greenwood (317) 889-4000**

**Guerin Catholic... 15300 Gray Road, Noblesville (317) 582-0120**

**Heritage Christian...6401 E. 75<sup>th</sup> Street, Indianapolis (317) 594-5858**

**Arsenal Tech... 1500 E. Michigan St. Indianapolis (317) 226-3038**

**Emmerich Manual...2405 Madison Ave., Indianapolis (317) 217-1983**

**Lawrence Central....7300 E. 56<sup>th</sup> St., Indianapolis (317) 964-7440**

**Lawrence North....7802 Hague Rd., Indianapolis (317) 964-7711**

**Lebanon....510 Essex Dr., Lebanon (765) 482-4764**



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**Lighthouse Charter South...1780 Sloan Ave., Indianapolis (317) 351-1534**

**Mt. Vernon....8112 N. 200 W., Fortville (317) 485-3131**

**North Central....1801 E. 86<sup>th</sup> St., Indianapolis (317) 259-5359**

**Park Tudor....7200 N. College Ave., Indianapolis (317) 415-2704**

**Perry Meridian....401 W. Meridian School Rd., Indianapolis (317) 789-4493**

**Roncalli...3300 Prague Road, Indianapolis (317) 788-4094**

**Shenandoah....7354 W. US Hwy. 36, Middleton (765) 354-6640**

**Thomas Carr Howe....4900 Julian Ave., Indianapolis (317) 217-1980**

**Warren Central ...9500 E. 16<sup>th</sup> Street, Indianapolis (317) 869-4671**

**George Washington...2215 W Washington St, Indianapolis (317) 693-5555**