

JANUARY 2022

Weekly Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
Chocolate Crescent	Cinnamon Roll	Breakfast Pizza	Pancake Bites	Glazed Donut
Cereal w/ Animal Crackers	Muffin w/ Yogurt	Pop Tart w/ Cheese Stick	Breakfast Round	Cereal Bar w/ Scooby Snacks
Apple	Banana & Raisins	Apple	Juice & Craisins	Apple



PBJ or Sub available daily

1% & Flavored milk available daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
03 Meatball Sub Sweet Potato Fries Fresh Carrots	04 Chicken Taco Corn Shredded Lettuce	05 Cheeseburger Cauliflower Cucumber Slices	06 Chicken Tenders (3) Broccoli Celery	07 Mini Corn Dogs Baked Beans Assorted Fresh Veggies
10 Drumstick Collard Greens Fresh Carrots	11 Totchos Cilantro-Lime Rice Red Bell Pepper Strips	12 Spaghetti & Meatballs Mixed Veggies Cucumber Slices	13 Chicken Nuggets w/ Roll Buttered Carrots Celery	14 Pepperoni Pizza Corn Assorted Fresh Veggies
17  MLK MARTIN LUTHER KING JR. DAY	18 BBQ Chicken Mac & Cheese Green Beans Red Bell Pepper Strips	19 Biscuit & Gravy Tater Tots Cucumber Slices	20 Bacon Cheeseburger Mixed Veggies Celery	21 Meat Lover's Pizza Sweet Potato Fries Assorted Fresh Veggies
24 Country-Fried Steak Sandwich Baked Beans Fresh Carrots	25 Chicken Patty Buttered Carrots Red Bell Pepper Strips	26 Hot dog French Fries Cucumber Slices	27 Orange Chicken Broccoli Celery	28 Pizza Sticks w/ Marinara Corn Assorted Fresh Veggies
31 Chicken Alfredo Tomato Cucumber Salad Fresh Carrots	*We continue to experience wide-spread supply chain issues. Chicken products, in particular, are in short supply. Menu highly subject to change.*		<p>Now Hiring! Multiple Locations! Work While Kids are in School Great Benefits Apply online @ www.aramark.com</p>	 SCAN ME

ORANGE YOU THE SWEETEST!?

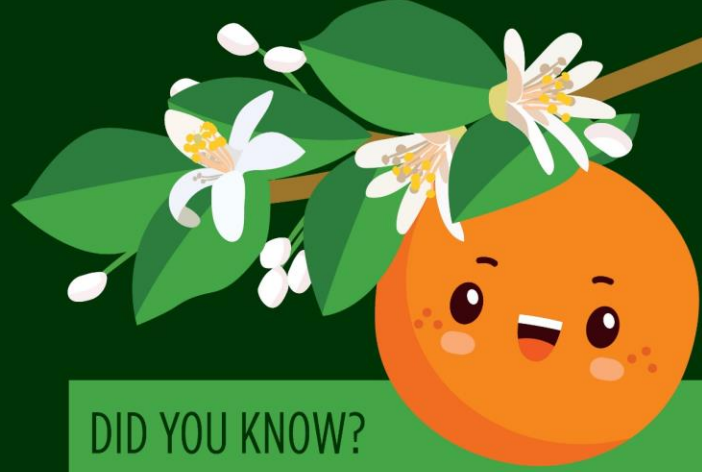
There are two main types of oranges: the sweet orange (*Citrus sinensis*) and the bitter orange (*Citrus aurantium*). Oranges are one of the most popular fruits around the world, and with 10 segments inside an orange—they are perfect for sharing! These vibrant, juicy fruits serve as a go-to snack for vitamin C, fiber, potassium, and choline, which are all good for your heart. Orange juice is widely considered one of the healthiest beverages because of its impressive range of health benefits. Orange you glad there are now over 600 varieties of oranges worldwide? On top of all those benefits, orange peels are used to make candies, teas, natural cleansers, or medicine. Even the flowers of an orange tree are wonderfully fragrant and great in perfumes.

ACTIVITY: FRUITFUL FACTOIDS OR FICTION?

Peel your eyes and decide on fact or fiction for the following five statements.

SEE ANSWER BELOW

- _____ 1. Blood oranges grow best under the harvest moon.
- _____ 2. After chocolate and vanilla, orange is the world's favorite flavor.
- _____ 3. The oranges we know and love do not grow in the wild.
- _____ 4. Oranges were first grown in Florida.
- _____ 5. Navel oranges get their name from the belly-button formation that develops at the opposite side of the stem end.



DID YOU KNOW?

BETTER WITH TIME Orange trees are evergreen, meaning their foliage remains green throughout the year.

EDIBLE ORANGEMENTS A single citrus plant can bear as many as 60,000 flowers, but only 1 percent of those flowers will turn into fruit

ACE'S JOKE OF THE MONTH

Q. WHAT KIND OF ORANGE
FIGHTS SCURVY ON THE
HIGH SEAS?



SEE ANSWER BELOW



JOKE ANSWER: Navel orange
ACTIVITY ANSWER: 1. Fiction-Their season is from December through May, while the harvest moon usually occurs in September or occasionally October; 2. Fact; 3. Fact-The sweet orange is a mandarin-factured hybrid of the pomelo and the mandarin; 4. Fiction; They originated in China and were first brought over to North America by voyagers in the 1490s; 5. Fact