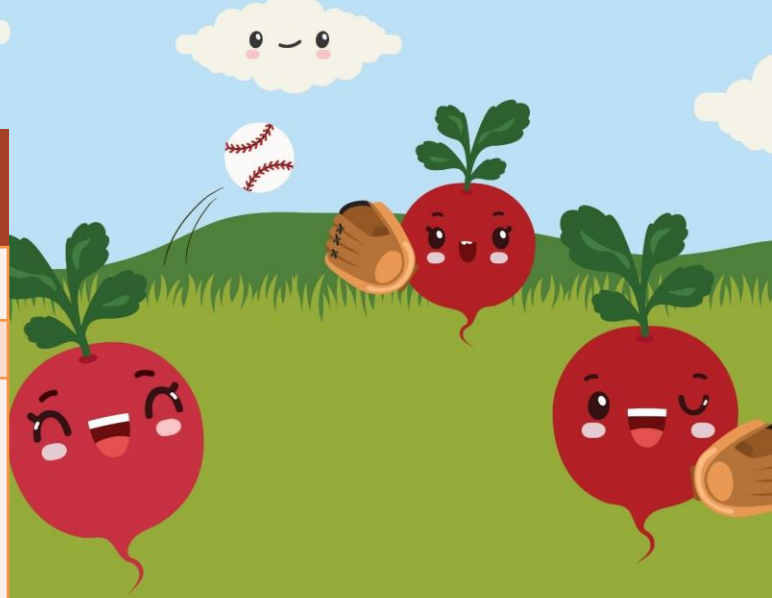


# MAY 2022

## Weekly Breakfast

Mon	Tue	Wed	Thu	Fri
Waffles	Cinni Mini	Breakfast Pizza	Frudel	Glazed Donut
Cereal w/ Animal Crackers	Muffin w/ Yogurt	Pop Tart w/ Cheese Stick	Breakfast Round	Cereal Bar w/ Scooby Snacks
Apple	Banana & Raisins	Apple	Juice & Craisins	Apple



1% & flavored milk served daily

Menu subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
02 Chicken Bowl w/ Veggies Fresh Carrots	03 Beef Nachos Black Beans Red Bell Pepper Strips	04 Breakfast Taco Hashbrowns Cucumber Slices	05 Chicken Nuggets w/ Roll Broccoli Celery	06 Cheese Pizza Corn Assorted Fresh Veggies
09 Corn Dog Baked Beans Fresh Carrots	10 Quesadilla Burger Corn Red Bell Pepper Strips	11 Breakfast Sandwich Hashbrowns Cucumber Slices	12 Hot Ham & Cheese Mixed Veggies Celery	13 Pretzels w/ Cheese Green Beans Assorted Fresh Veggies
16 Pizza Grilled Cheese Baked Beans Fresh Carrots	17 Chicken Taco Corn Red Bell Pepper Strips	18 Biscuit & Gravy Tater Tots Cucumber Slices	19 Chicken Patty Broccoli Celery	20 <u>Sack Lunch</u> Sub or PBJ Carrots Assorted Fresh Fruit
23 Cheeseburger Baked Beans Fresh Carrots	24 Totchos Cilantro-Lime Rice Red Bell Pepper Strips	25 Waffle & Sausage Tater Tots Cucumber Slices	26 Manager's Choice Buttered Carrots Celery	27 Manager's Choice Corn Assorted Fresh Veggies

\*We continue to experience wide-spread supply chain issues. Chicken products are in short supply\*

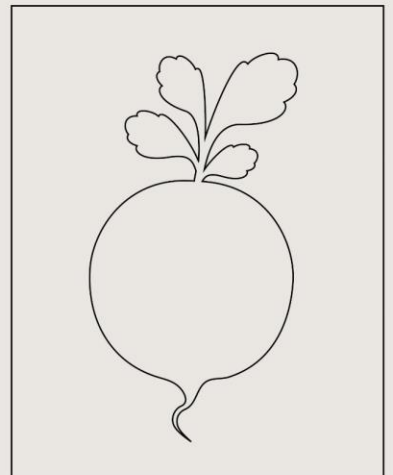
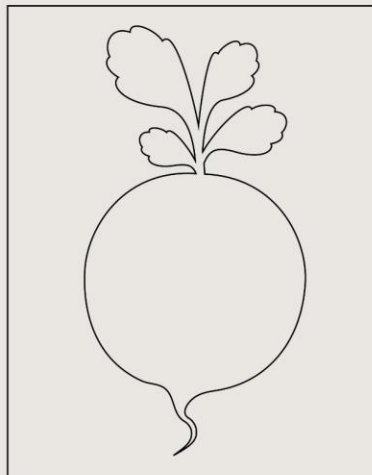
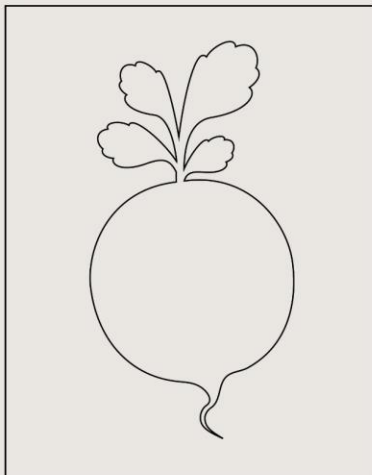
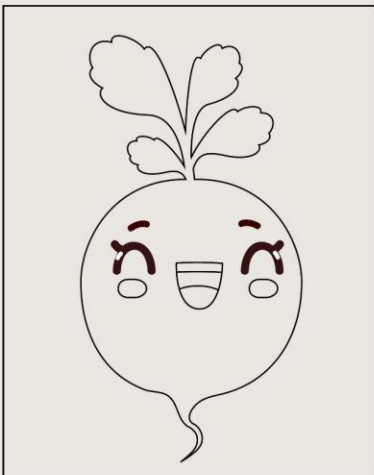
Have a great **summer!**

# SIMPLY RADISHING

The radish (*Raphanus raphanistrum*) is an edible root vegetable of the mustard family that was first domesticated in Europe in pre-Roman times. Radishes resemble beets or turnips in appearance and texture, but have a distinct flavor. These tasty roots are loaded with vitamins C and B6, fiber, potassium, magnesium, and more, making them the perfect crunchy topping for your salad. There are five main varieties of radishes: red globes, black radishes, daikons, white icicles, and California mammoth whites. The red globe radish is the most popular type in the U.S. with its red skin and a white interior, though daikon is growing in popularity as a key part of several delicious ethnic dishes. Radishes are grown and consumed throughout the world; the biggest radish crops grown in the United States come from California and Florida.

## ACTIVITY: RAD ARTISTRY

In many cultures, radishes have inspired artistic expression. We've provided the root to crafting your own artwork. Need some inspiration? Doodle or color your rad summer plans, dream job, or favorite super hero.



## ACE'S JOKE OF THE MONTH

Q. WHAT VEGETABLE SHOULD YOU ROOT FOR IN A RACE?

SEE ANSWER BELOW



## DID YOU KNOW?

### QUITE A T-RADISH-ION

In Mexico, the annual Noche de Rabanos (Night of the Radishes) festival takes place 24 hours prior to Christmas Eve. Each year, Mexican sculptors create nativity scenes for the festival using very large radishes.

### GREEK GOODNESS

In historic times, radishes were so highly regarded in Greece that gold replicas were made.

