# January 29, 2024 Athletic Newsletter

Please read below for important athletic information.

# Highlights:

1/30: Girls BB at Matchbook Academy at 6p

2/1: Girls BB HOME game at IPA vs Paramount at 6p

#### **Student-Athlete Requirements**

# **Physical Exams**

Valid IHSAA Physical Exams are required prior to ALL participation in ICS Athletics. Student-athletes are not permitted to participate until the physical exam paperwork is turned in to the Coach/AD or uploaded to Final Forms. The Physical Exam Paperwork is attached to this Newsletter. CVS Minute Clinic and Medchecks offer Physical Exams along with your primary care physician.

#### **Final Forms**

Final Forms is the location where you will find state required paperwork, the student-athlete-parent handbook and more. All mandatory paperwork must be signed on Final Forms by the final day of tryouts, however, the sooner this can be done the better. Attached to this newsletter is the parent playbook which will guide you through the requirements. Click <a href="Here">Here</a> to go to the website.

### **IHSAA Academic Requirements**

Athletics at ICS are Education-Based! Student Athletes are required to pass 70% of their total number of classes at each grade check point, in order to be eligible for athletics. Below are the dates we will check grades for athletes. Those who do not meet the grade requirements will not be permitted to play in competitions.

Fall Eligibility: June 2, 2023 Winter 1 Eligibility: Oct 11, 2023

Winter 2/Spring 1 Eligibility: December 20, 2023

Spring 2 Eligibility: March 20, 2024

#### **Schedules**

ALL schedules will be found <u>HERE</u>. Please ONLY use this site for schedules. Do not use maxpreps as it is not accurate.

### **Spirit Wear**

Need ICMS Athletic Gear? Shop Below!

https://sideline.bsnsports.com/schools/indiana/indianapolis/irvington-community-schools https://staff.eventlink.com/store

### **Social Media**

Please follow us on Twitter @ICMSAthletics Please follow us on Instagram icms\_athletics

# **MS SPRING SPORTS Update**

Flag Football: A sign up sheet/callout will go out soon. Season begins 3/11/24

Track & Field: A sign up sheet/callout will go out soon.

**Softball:** Callouts/sign up will go out soon, please contact Coach Eaton for more information.

jeaton1981@aol.com

Baseball: More info coming soon. Please contact <a href="mailto:dturnertw@gmail.com">dturnertw@gmail.com</a>

SAVE THE DATE: 1st ANNUAL RAVEN FEST on Apr 13, 2024

Please contact Athletic Director Joanna Wiggins at <a href="mailto:jwiggins@ics-charter.org">jwiggins@ics-charter.org</a> with any questions or concerns. GO RAVENS!