January 29, 2024 Athletic Newsletter

Please read below as there is a lot of very important information regarding athletics at ICS. Please reach out with any questions.

Highlights:

1/30: Track Callout after school in the Cafeteria 2/2: Girls Basketball Sectionals at Scecina at 8p 2/3: Boys Varsity Basketball at PCR at 6p

Student-Athlete Requirements

Physical Exams

Valid IHSAA Physical Exams are required prior to ALL participation in ICS Athletics. Student-athletes are not permitted to participate until the physical exam paperwork is turned in to the Coach/AD or uploaded to Final Forms. The Physical Exam Paperwork is attached to this Newsletter. CVS Minute Clinic and Medchecks offer Physical Exams along with your primary care physician.

Final Forms

Final Forms is the location where you will find state required paperwork, the student-athlete-parent handbook and more. All mandatory paperwork must be signed on Final Forms by the final day of tryouts, however, the sooner this can be done the better. Attached to this newsletter is the parent playbook which will guide you through the requirements. Click <u>Here</u> to go to the website.

IHSAA Academic Requirements

Athletics at ICS are Education-Based! Student Athletes are required to pass 70% of their total number of classes at each grade check point, in order to be eligible for athletics. Below are the dates we will check grades for athletes. Those who do not meet the grade requirements will not be permitted to play in competitions. Fall Eligibility: June 2, 2023 Winter 1 Eligibility: Oct 11, 2023 Winter 2/Spring 1 Eligibility: December 20, 2023 Spring 2 Eligibility: March 20, 2024

Transfer Students

Students, not in 9th grade, who are new to ICS are required to submit additional paperwork with the IHSAA and ICS in order to gain eligibility to participate. Please reach out to the Athletic Director as soon as possible to complete the paperwork. Eligibility is not guaranteed.

Schedules: ALL schedules will be found <u>HERE</u>. Please ONLY use this site for schedules. Do not use maxpreps as it is not accurate.

Spirit Wear

Get your Spirit Gear Below! Happy Shopping! <u>https://staff.eventlink.com/store</u> <u>https://sideline.bsnsports.com/schools/indiana/indianapolis/irvington-community-schools</u>

Social Media

Please follow us on Twitter @IPA_Atheltics Please follow us on Instagram ipa_athletics

SPRING SPORTS Updates

Boys Volleyball: Practices are being held on Saturdays from 1:30p-3:30p, please contact <u>twarren@ics-charter.org</u> for more information.

Boys Baseball: Tryouts will be held March 11, 2024. Conditioning is happening NOW. Please contact <u>dturnertw@gmail.com</u> for more information.

Softball: Tryouts will be held Mar 4, 2024. Conditioning is happening now. Please contact Coach Barnes at <u>wbarnes00316@gmail.com</u> for more information.

Track & Field: We will be holding a call out meeting for track & field on Tuesday 1/30 in the cafeteria after school

SAVE THE DATE: 1st Annual RAVEN FEST on APRIL 13! More details to follow!

Please contact Athletic Director Joanna Wiggins at <u>jwiggins@ics-charter.org</u> with any questions or concerns. GO RAVENS!