## **IPA Summer Athletic Newsletter**

Please read below for important athletic information for July and the upcoming 2024-2025 school year.

### **Student-Athlete Requirements**

#### Athletic Physical Exams for 24-25

ALL physical exams from 23-24 have expired. A new, valid IHSAA Physical Exams is required prior to ALL participation in ICS Athletics. Student-athletes are not permitted to participate in open gym, practice or tryouts until the physical exam paperwork is turned in to the Coach/AD or uploaded to Final Forms. The Physical Exam Paperwork is attached to this Newsletter. CVS Minute Clinic and Medchecks offer Physical Exams along with your primary care physician.

### **Final Forms**

Final Forms is the location where you will find state required paperwork, the student-athlete-parent handbook and more. All mandatory paperwork must be signed on Final Forms by the final day of tryouts, however, the sooner this can be done the better. Attached to this newsletter is the parent playbook which will guide you through the requirements. Click <u>Here</u> to go to the website.

## **IHSAA Academic Requirements**

Athletics at ICS are Education-Based! Student Athletes are required to pass 70% of their total number of classes at each grade check point, in order to be eligible for athletics. Below are the dates we will check grades for athletes. Those who do not meet the grade requirements will not be permitted to play in competitions.

Fall Eligibility: June 2, 2024 Winter 1 Eligibility: Oct 9, 2024 Winter 2/Spring 1 Eligibility: December 27, 2024 Spring 2 Eligibility: March 21, 2025

## Schedules

ALL schedules will be found <u>HERE</u>. Please ONLY use this site for schedules. Please do not use maxpreps as it is not accurate.

## **Spirit Wear**

Need IPA Athletic Gear? Shop Below! <u>https://sideline.bsnsports.com/schools/indiana/indianapolis/irvington-community-schools</u> <u>https://staff.eventlink.com/store</u>

# Social Media

Please follow us on Twitter @IPA\_Athletics Please follow us on Instagram IPA\_athletics

# IPA SPORTS Update

**Football:** Conditioning resumes July 8, 2024 and will be held Mondays, Wednesdays and Fridays from 2:45p-4:45p at IPA. Please contact Coach Perkins at <u>dperkins@ics-charter.org</u> for more information.

**Volleyball:** Open gyms will resume Jul 8, 2024 at IPA(location may change) from 5p-6:45p, please contact Coach Warstler at <u>owarstler@gmail.com</u> for more information. **Cross Country:** More information will be shared soon

Please contact Athletic Director Joanna Wiggins at <u>jwiggins@ics-charter.org</u> with any questions or concerns. GO RAVENS!