## **ICMS Athletic Newsletter**

Please read below for important athletic information for the week of August 12, 2024

# **Important Dates:**

No events this week! See below for practice details. Football and XC are still OPEN to join!

## **Student-Athlete Requirements**

# **Athletic Physical Exams for 24-25**

ALL physical exams from 23-24 have expired. A new, valid IHSAA Physical Exams is required prior to ALL participation in ICS Athletics. Student-athletes are not permitted to participate in open gym, practice or tryouts until the physical exam paperwork is turned in to the Coach/AD or uploaded to Final Forms. The Physical Exam Paperwork is attached to this Newsletter. CVS Minute Clinic and Medchecks offer Physical Exams along with your primary care physician.

## **Final Forms**

Final Forms is the location where you will find state required paperwork, the student-athlete-parent handbook and more. All mandatory paperwork must be signed on Final Forms by the final day of tryouts, however, the sooner this can be done the better. Attached to this newsletter is the parent playbook which will guide you through the requirements. Click <a href="Here">Here</a> to go to the website.

# **IHSAA Academic Requirements**

Athletics at ICS are Education-Based! Student Athletes are required to pass 70% of their total number of classes at each grade check point, in order to be eligible for athletics. Below are the dates we will check grades for athletes. Those who do not meet the grade requirements will not be permitted to play in competitions.

Fall Eligibility: June 2, 2024 Winter 1 Eligibility: Oct 9, 2024

Winter 2/Spring 1 Eligibility: December 27, 2024

Spring 2 Eligibility: March 21, 2025

#### **Schedules**

ALL schedules will be found **HERE**. Please ONLY use this site for schedules.

- Create an account
- Select Irvington Preparatory(ICMS/IPA are together)
- Select the calendars you would like to view

Please do not use maxpreps as it is not updated by the Athletic Office.

# **Spirit Wear**

Need ICMS Athletic Gear? Shop Below!

https://sideline.bsnsports.com/schools/indiana/indianapolis/irvington-community-schools https://staff.eventlink.com/store

## **Social Media**

Please follow us on Twitter @ICMSAthletics Please follow us on Instagram icms\_athletics

## **MS FALL SPORTS Update**

**Football:** We need 7th and 8th graders for our ICMS Football Team! All players must have a physical exam on file to be eligible to participate. Please contact <a href="mailto:dperkins@ics-charter.org">dperkins@ics-charter.org</a> or <a href="mailto:jburgess@ics-charter.org">jburgess@ics-charter.org</a> for more information and to sign up.

**Volleyball:** Tryouts are CLOSED. Practices are held on Mondays, Tuesdays, Thursdays and Fridays from 5-6:45p in the ICMS Gymnasium.

Please contact Coach Rucker at <a href="mailto:asrucker@ics-charter.org">asrucker@ics-charter.org</a> for more information.

**Cross Country:** It is NOT too late to join ICMS Cross Country. Practices are held on Mondays, Tuesday and Thursdays from 4p-5p. Please contact Coach Smith at <a href="mailto:gasmith@ics-charter.org">gasmith@ics-charter.org</a> for more information.

Please contact Athletic Director Joanna Wiggins at <a href="mailto:jwiggins@ics-charter.org">jwiggins@ics-charter.org</a> with any questions or concerns. GO RAVENS!