



Irvington Elementary School 5 Week Cycle Menu Fall Semester

Week 1 August 4th-8th, September 8th-12th, October 13th- 17th, November 17th- 21st				
Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Cinnamon Breakfast Bun or Honey Nut Cherrios	Sausage Breakfast Pizza or Cocoa Puffs Cereal	Egg & Cheese Croissant or Lucky Charms Cereal	Chicken & Cheese Biscuit or Cinnamon Toast Crunch	Mixed Berry Scone or Trix Cereal
Lunch Chicken Patty Sliders Mashed Potatoes	Turkey Barbacoa Tacos Sweet Corn	Cheeseburger Vegetarian Baked Beans	Bean & Cheese Burrito Mexican Spiced Rice	Cheese Pizza Tossed Salad
Week 2 August 11th- 15th, September 15th- 19th, October 20th-24th, November 24th- 28th				
Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Choc Chip Breakfast Round or Honey Nut Cherrios	Chicken Snack Wrap or Cocoa Puffs Cereal	Strawberry Yogurt Parfait or Lucky Charms Cereal	Turkey Pancake Wrap or Cinnamon Toast Crunch	Ham & Cheese Bagel or Trix Cereal
Lunch Mini Corn Dogst Mac & Cheese French Fries	Beef Nachos Black Beans	Popcorn Chix Potato Bowl Corn	Buffalo Cheese Pizza Sticks Tater Tots	Pepperoni Pizza Mixed Vegetables
Week 3 August 18th- 22nd, September 22nd- 26th, October 27th-31st, December 1st- 5th				
Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Egg & Cheese Croissant or Honey Nut Cherrios	Breakfast Burrito or Cocoa Puffs Cereal	Sausage Brkft Sandwich or Lucky Charms Cereal	Chocolate Filled Crescent or Cinnamon Toast Crunch	Mini Pancake Sausage Bites or Trix Cereal
Lunch Beef Soft Tacos Black Beans	Corn Dog Tater Tots	Crispy Chicken Sandwich Green Beans	Honey Stug Popcorn Chicken Spiral Fries	Cheese Pizza Tossed Salad
Week 4 August 25th-29th, September 29th- October 3rd, November 3rd-7th, December 8th-12th				
Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Chix & Cheese English Muffin or Honey Nut Cherrios	Sausage Breakfast Pizza or Cocoa Puffs Cereal	Powdered Sugar Donut or Lucky Charms Cereal	Caramel Cini Minis or Cinnamon Toast Crunch	Egg Bagel or Trix Cereal
Lunch Grilled Cheese Tomato Soup	Chix Sandwich w/Signature Sauce and Waffle Fries	Spaghetti and Meat Sauce Tossed Salad	Orange Chicken and Rice Steamed Broccoli	Pepperoni Pizza Baked Beans
Week 5 July 28th-August 1st, September 1st-5th, October 6th-10th, November 10th-14th, December 15th-19th				
Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Turkey Pancake Wrap or Honey Nut Cherrios	Egg & Cheese Croissant or Cocoa Puffs Cereal	Blueberry Yogurt Parfait or Lucky Charms Cereal	Sausage & Cheese Muffin or Cinnamon Toast Crunch	Glazed Donut or Trix Cereal
Lunch Fish Fillet Sandwich French Fries	Chicken Tenders and Roll Sweet Corn	Walking Taco Cherry Tomatoes	Bacon Cheeseburger Vegetarian Baked Beans	Cheese Pizza Tossed Salad

Breakfast- Students can choose to add ½ cup of fresh fruit, 4oz of juice and 8oz milk to their meal.

Lunch- Student can choose to add ½ cup of fruit, ½ cup of vegetable and 8 oz of milk to their meal. Students must add at least one fruit or vegetable to their meal to have a complete meal. We offer multiple fresh fruits and vegetables every day. Our cold bar is stocked with carrots, broccoli, celery, cucumbers, apples, oranges, bananas and applesauce.

We also offer peanut butter and jelly or a deli sandwich instead of the daily hot entrée.