



Irvington High School 5 Week Cycle Menu Spring Semester

Week 1 January 26th-30th, March 2nd-6th, April 6th- 10th, May 11th- 15th				
Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Cinnamon Roll	Bagel & Cheese English Muffin	Powdered Sugar Donut	Country Chicken Biscuit	Strawberry Bagel
Lunch Chicken Drumstick Hamburger Bosco Sticks Chef Salad Mashed Potatoes	Sriracha Crunch Cheeseburger Chicken Tenders Cheeseburger Pizza Chef Salad Sweet Corn	Chicken Parmesan Sub Spicy Chicken Sandwich Bosco Sticks Chef Salad Peas & Carrots	French Toast/T-Sausage Crispy Chicken Sandwich Spicy BBQ Chicken Pizza Chef Salad Hash Browns	Tater Tot Beef Nachos Hamburger Bosco Sticks Chef Salad Black Beans
Week 2 February 2nd- 6th, March 9th- 13th, April 13th-17th, May 18th- 22nd				
Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Cheese Omelet & Toast	Donut Holes	Cinnamon Rolls	Turkey Pancake Wrap	Ham & Cheese Bagel
Lunch Spicy Chicken\ Mac & Cheese Hamburger Bosco Sticks Deli Sandwich Baked Beans	Philly Cheesesteak Spicy Chicken Sandwich Spicy Sausage Pizza Deli Sandwich Roasted Cauliflower	Popcorn Chix Potato Bowl Burger w/ Jalapeno Garlic Mayo Bosco Sticks Deli Sandwich Mashed Potatoes	Buffalo Cheese Pizza Sticks Chicken Tenders Meat Lovers Pizza Deli Sandwich Spiral Fries	Pepperoni Pizza Spicy Chicken Sandwich Bosco Sticks Deli Sandwich Green Beans
Week 3 January 5th - 9th, February 9th - 13th, March 16th - 20th, April 20th - 24th				
Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Country Chicken Biscuit	French Toast Sticks	Sausage Brkft Sandwich	Chocolate Filled Crescent	Cinnamon Brkft Round
Lunch Fish Sandwich Chicken Tenders Bosco Sticks Buff Ranch Chicken Salad Waffle Fries	Bean & Beef Tortilla Bowl Crispy Chicken Sandwich Taco Pizza Buff Ranch Chicken Salad Corn	Chicken Alfredo w/Garlic Toast Spicy Chicken Sandwich Bosco Sticks Buff Ranch Chicken Salad Steamed Broccoli	Honey Stug Popcorn Chicken Burger w/Jalapeno Cheese Sausage Pizza Buff Ranch Chicken Salad Baked Beans	Buff Chix Mac&Cheese Hamburger Bosco Sticks Buff Ranch Chicken Salad Green Beans
Week 4 January 12th - 16th, February 16th - 20th, March 23rd - 27th, April 27th - May 1st				
Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Vanilla Waffles	Country Chicken Bagel	Powdered Sugar Donut	Mini Caramel Cinn Rolls	Egg Bagel
Lunch Popcorn Chicken /Cheesy Rice Spicy Chicken Sandwich Bosco Sticks Deli Sandwich Steamed Broccoli	Chicken Fajitas Chix Sandw/Signature Sauce Cheeseburger Pizza Deli Sandwich Waffle Fries	Spicy Chicken Pepperoni Bake Chicken Tenders Bosco Sticks Deli Sandwich Roasted Carrots	Waffles & Turkey Sausage Bacon Cheeseburger Spicy Pepperoni Pizza Deli Sandwich Hash Browns	Meatball Sub Penne Caesar Salad Bosco Sticks Deli Sandwich Tossed Salad
Week 5 January 19th - 23rd, February 23rd - 27th, March 30th - April 3rd, May 4th - 8th				
Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Turkey Pancake Wrap	Eggo Waffles	Country Chicken Biscuit	Glazed Donut	Apple Cinn Oatmeal Round
Lunch Beef Chili Chicken Tenders Bosco Sticks Italian Salad w/Ham French Fries	Spaghetti w/Meat Sauce Spicy Chicken Sandwich Sausage Pizza Italian Salad w/Ham Oven Roasted Carrots	Walking Taco Crispy Chicken Sandwich Bosco Sticks Italian Salad w/Ham Kickin Pinto Beans	Orange Chicken and Rice Spicy Popcorn Chicken Meat Lovers Pizza Italian Salad w/Ham Mixed Vegetables	Buzzer Beater Basket Cheeseburger Bosco Sticks Italian Salad w/Ham Tossed Salad

Breakfast- Students can choose to add ½ cup of fresh fruit, 4oz of juice and 8oz milk to their meal.

Lunch- Student can choose to add ½ cup of fruit, ½ cup of vegetable and 8 oz of milk to their meal. Students must add at least one fruit or vegetable to their meal to have a complete meal. We offer multiple fresh fruits and vegetables every day. Our cold bar is stocked with salad mix, carrots, broccoli, celery, cucumbers, apples, oranges, bananas and applesauce.

We also offer a peanut butter and jelly sandwich instead of the daily hot entrée.