



Irvington Community School

Counseling and Guidance for High Ability Students

Jeni Newswanger Smith--High Ability Coordinator

Dr. Rachel Maldonado--Chief Operating Officer and Chief Finance Officer; Rosemary McCloskey--Chief Academic Officer

K-2 Guidance and Counseling

High Ability Lunch Bunch

Focus on recognizing emotions and emotional regulation, discovering personal strengths, and building a growth mindset.
Guidance on exploring interests and talents.

3-5 Guidance and Counseling

High Ability Lunch Bunch

Focus on self-understanding, coping with growing academic pressure, building healthy peer relationships and growing executive function skills.
Guidance on career awareness, pursuing interests, and preparing for middle school

6-8 Guidance and Counseling

Zero Hour High Ability Check-in Time

SEL lessons focusing on dealing with pressure, stress, perfectionism, communication, peer relationships, and self-advocacy.
Guidance on special interests and career exploration including college interest surveys, academic planning for middle and high school.

9-12 Guidance and Counseling

CAW student lounge for Peer Mentoring

Periodic meetings with students to touch base regarding grades, pressures, expectations.
Grade level meetings focusing on social-emotional learning focusing on anxiety and stress.
Connections to adult mentors, open door to visit counselor as needed to deal with emotional, social, or academic concerns
College visits, credit tracking, college and career planning